

# MIDDLE STREET RESOURCE CENTRE TIMETABLE

Jun-21

74 MIDDLE STREET, BEESTON NG9 2AR

CAFÉ OPEN Mon-Fri 10am-3pm

MON	TUES	WED	THURS	FRI	SAT
WELLBEING 10:30-12:00 FORTNIGHTLY		BEESTON WOMEN'S GROUP 10:30-11:30		FEELING BETTER (FORTNIGHTLY) 10:00-12:00	SLIMMING WORLD 8:30-9:30 £
RELAXATION 10:30-12:00 FORTNIGHTLY		CRAFT AND SOCIAL GROUP 10.30-12.00			
			SLIMMING WORLD 9:00-11:00 £		
			FOOTBALL (1ST THURSDAY OF THE MONTH) 13:00-15:00	ART GROUP 13:00 -14:30	
POETRY GROUP 13:30-15:00		BRITISH SIGN LANGUAGE 14:00 - 15:30	BOWLS 14:00-15:00	CREATIVE WRITING 13:00-15:00	
	BEESTON CARERS (2ND TUESDAY OF MONTH) 14:00-15:00		TALK AND SUPPORT GROUP 14:00-15:00		
	GUITAR GROUP 14:00 -15:00		BEESTON MEMORY CAFÉ 14:00-16:00 £		
		HEARING VOICES GROUP EVERY FIRST AND THIRD WEDNESDAY OF THE MONTH 14:30-16:00			
			SLIMMING WORLD 17:30-18:30 £		
					£ CHARGES MAY APPLY PLEASE ENQUIRE FOR MORE INFORMATION

Offsite Group

MINDSET

OTHER

COLLEGE

12/06/2021 10:20

0115 925 2516